



After the Storm

Después de la Tormenta

Client Rights & Responsibilities

Client Rights

Right to Dignity and Respect - Every Client has the right to be treated with dignity and respect throughout their participation in the treatment program. This includes being free from discrimination, harassment, or mistreatment. Each Client at the Center will be treated as an individual with unique needs and boundaries.

Right to be Heard - Clients have the right to be heard. Any reports will be taken seriously and treated with respect. The Client can raise concerns, complaints, or grievances without fear of retaliation or adverse consequences. We encourage clients to voice their concerns and ask for clarity.

Right to Confidentiality - The Client has the right to the confidentiality of their records and information. The Center will maintain the confidentiality of the Client's records and information following applicable laws and regulations. Information may be disclosed only with the Client's written consent or as required by law, including if the Center becomes aware of a severe or imminent threat to the Client or another individual.

Right to Informed Consent - The Client has the right to provide informed consent for all treatment modalities, including medications, therapy, and other interventions. The Client shall receive information about the proposed treatment's purpose, risks, benefits, and alternatives.

Right to Participate in Treatment Planning - The Client has the right to actively participate in developing their treatment plan, including setting goals, objectives, and strategies for recovery.



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Right to Choose Treatment - The Client has the right to be involved in decisions regarding their treatment and choose treatment options consistent with their values and beliefs, to the extent possible within the context of their recovery.

Right to Access Information - The Client has the right to access their records and treatment information following applicable laws and regulations.

Right to Refuse or Withdraw - The Client has the right to refuse or withdraw from participation in any activity or the overall program. All parts of the Después de la Tormenta program are entirely voluntary. However, in accordance with Client participation expectations, their counselor and/or the Clinical Director will inquire into and examine refusal of programming. If the Client's refusal is such that they are not completing programming expectations, their program may be considered incomplete, and/or they may be subject to termination. Physical inability to participate in activities will always be accounted for and never judged. The Center asks the Client to communicate with Center staff promptly about their needs so that an appropriate alternative may be generated.



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Client Responsibilities

Behavior and Conduct - The Client agrees that they are responsible for and take ownership of their behavior and conduct throughout their time at the Center, including but not limited to how they show up in their actions, inactions, speech, attire, attendance, etc.

Consequences - The Client is responsible for owning the consequences of their conduct.

Investment in Recovery - The Client is responsible for investing in the challenging work of change. The Client acknowledges that their investment in their recovery is critical to their recovery goals.

Following Direction of Staff and Emergency Protocols - The Client is responsible for following the direction of staff and following emergency protocols and guidelines.

Supporting Physical and Psychological Safety - In addition to abiding by all rules and regulations of the Center, which may include but are not limited to maintaining a drug and alcohol-free environment, attending scheduled treatment sessions, participating in therapy and counseling, and actively working towards their recovery goals, the Client is responsible for reasonably supporting the maintenance of the group, staff, and facility's physical and psychological safety.



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Communicating regarding their Abilities - The Client is responsible for timely communication with staff, including expressing their questions, concerns, limitations, etc. The Client is expected to communicate immediately about their ability to participate and any potential limitations.

Communicating regarding Safety - The Client is also responsible for communicating openly and honestly about anything that may compromise the physical or psychological safety of anyone or anything at Después de la Tormenta. This includes communicating with staff if the Client is experiencing a problem - physical or psychological - so they can receive support. It also includes communicating if the Client becomes aware of anyone behaving dangerously or in a concerning fashion towards themselves, others, or the facility.

Commitment to Themselves - The Client is responsible for taking ownership of and committing to themselves and their learning. The Center encourages Clients to focus on their own clarity, application of learning, and growth, keeping in mind that everyone learns at their own pace and has their own unique experience.

Respecting Others - The Client is responsible for respecting their fellow participants and staff. This includes respecting boundaries, being courteous, and appreciating others' perspectives. Part of creating a psychologically safe place for oneself and others is letting others speak, listening to what someone else has to say, and never making fun of someone else's contribution.